FIRST ABC

Newsletter

Issue 1, September 2019

OUR FIRST YEAR HAS STARTED!

FIRST-ABC officially opened to recruitment on 6 August 2019.

A+ for the FIRST patient

Congratulations to the team at

Great Ormond Street Hospital

for recruiting the first patients into both the *step-up RCT* and the *step-down RCT*!

Randomisations

Great Ormond Street Hospital	19
St Mary's Hospital	11
St George's Hospital	5
Royal Brompton Hospital	2
Chelsea and Westminster Hospital	1

Site set-up progress

✓ **21** sites were represented at the Collaborators' Meeting

✓ **14** site initiation visits have been completed

✓ **9** sites have confirmed capacity and capability

✓ **6** sites have been activated and are open to recruitment

It is anticipated that a further 4 sites will open to recruitment in September, and 8 in October.

Data homework

Just a reminder to add patients onto the FIRST-ABC database promptly as this is very important for trial monitoring. A special mention to the data stars at **St Mary's Hospital** for adding the first patient to the database!

Comfort-B scoring

Don't forget that the Comfort-B score should be assessed for each patient at least once during the first six hours and then at least six hourly, when on HFNC or CPAP!

Have a question?

FIRST-ABC Study Team

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Website: www.icnarc.org

Tips for learning the alphabet

A Following the clinical decision that a patient requires non-invasive respiratory support, eligible patients should be randomised as close as possible to time that they will start the treatment. This will help ensure that, by the time of randomisation, patients do still indeed require non-invasive respiratory support and that the randomised treatment will be started.

B To help with local training and to raise awareness of FIRST-ABC - we have developed an online training course. The online training is primarily focused on the HFNC and CPAP treatment algorithms. The online training can be completed in full in less than 30 minutes or section-by-section (with each section taking around 5 minutes). Instructions on accessing the online training are provided following the site initiation visit.

C FIRST-ABC is nested within the PICANet audit to help reduce the burden of data collection for site staff. If your unit participates in the PICANet audit, then please inform your unit's PICANet lead and ask them to record 'FIRST-ABC' and the patient's Trial Number in the field '*Is this patient on a clinical trial?*' for each recruited patient. Guidance on extracting data from PICANet web will be provided in due course.