

calories Newsletter

Issue 5, August 2012

975 patients recruited
We are over 1/3 of the way there...!

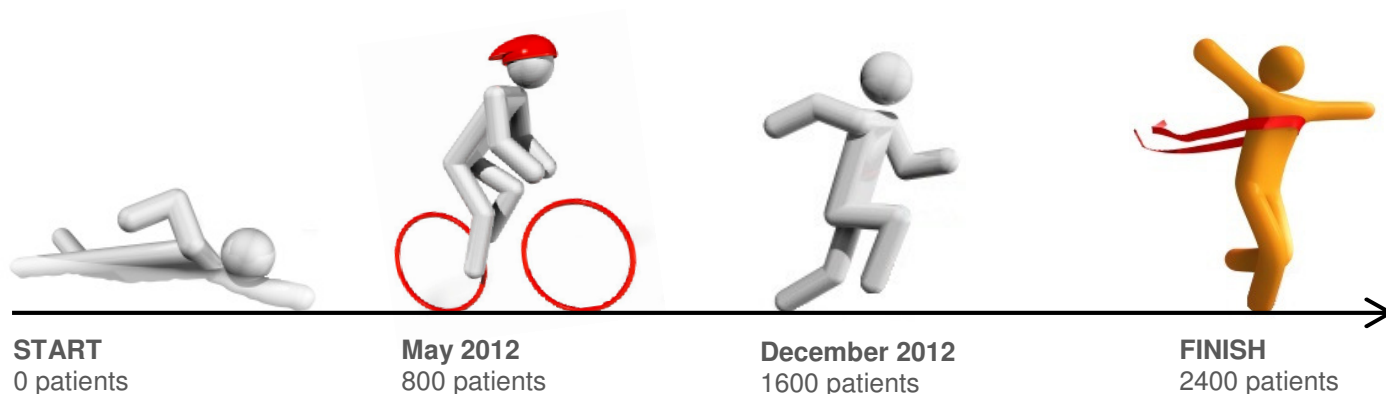
With 975 patients recruited, we are now over one third of the way to the target 2400 patients required for the CALORIES Trial...!

At this important recruitment landmark, I just wanted to thank all local CALORIES Teams for their support and hard work both screening for, and recruiting to, the CALORIES Trial.

Please remember that the CALORIES Team at ICNARC are here to answer any queries or to help you out with specific issues. Please keep up the good work...

Kathy Rowan, Chief Investigator

Build up CALORIES for second part in our “Trial-athlon”



As we have ‘swum’ past the first third of total patients recruited, we now are looking to ‘cycle’ towards the next third, to reach 1600 total patients recruited by the end of 2012.

Overall recruitment is below target. However, so far this year recruitment has averaged around 77 patients per month. If every site recruits **at least one additional patient per month**, we would not only hit our monthly target of 100 patients per month, we would be well on our way towards reaching 1600 patients by the end of the year. Let's go for it!

New site



The Princess Alexandra Hospital

...who have recently opened to recruitment.

We now have 24 sites open and recruiting!

Minimise patients missed by:



Placing posters/pocket cards around the unit to raise awareness



Re-screening patients for eligibility for up to 36 hours from admission to critical care



Making sure all patients, including those admitted overnight, are screened for CALORIES before you start nutritional support.

CALORIES Leaderboard

Well done to our top recruiters so far this year...

Bristol Royal Infirmary	51
St Thomas' Hospital	40
University College Hospital	36
Medway Maritime Hospital	27
Musgrove Park Hospital	27
Queen Alexandra Hospital	27
Norfolk and Norwich University Hospital	26
Poole Hospital	26
University Hospital Lewisham	26
Addenbrooke's Hospital	25
Royal Hampshire County Hospital	23
University Hospital of North Staffordshire	22

Congratulations to Bristol Royal Infirmary who currently lead the way with 51 patients. However, there are several sites not far behind! Please keep up the good recruitment, as you never know if you will be on the next CALORIES Leaderboard!



Monthly teleconference

Next teleconference is **23 August 2012**

This is open to everyone, please join us! We now have "focus on" sessions where we share experiences on a particular aspect of the trial.

If you have a particular topic that you would like to discuss please email them in advance to calories@icnarc.org.

**Thank you for your continued
commitment to the
CALORIES Trial**

Online Data Validation

The Online Data Validation (ODV) system is now live!



Start working on queries now

ODV has been up and running for over a month, and it's great to see that many of you have started using it to validate your data. For those who have not, it is ideal to start working on your validation queries now as this will greatly reduce the amount of queries you have in the future. It will also ensure that all the data on the web portal is complete. This is important on the lead up to the database being locked for the interim analysis (est. December).

Confirming fields

If data are unobtainable or are correct but queried, you need to confirm by clicking on the orange tick next to the field. This will clear the query from your Data Validation Report (DVR).

Missing data

We have noticed a lot of missing data on these pages:

- Baseline - Physiology/Interventions;
- Daily - Nutritional support; and
- Daily - Physiology/Interventions.

Please make sure that these pages are completed.

Feedback

We would be grateful for any feedback on the ODV system. If you have any queries please do not hesitate to contact us at calories@icnarc.org.

Exclusive oral feeding

If a patient switches to "Exclusive oral feeding" during the trial treatment period (i.e. before 120 hours), please continue to follow the patient up to hospital discharge and record all data in the CRF.

Contact us

ICNARC CALORIES Team, general enquiries

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